

Sleeve Worksheet

For this worksheet you will need your measurements from Day 1

Choose one of the sleeve sections that you put onto a scrap piece of yarn or stitch holder and slip all of the stitches evenly onto your DPNs.

For a nicely fitting tapered sleeve you will need decrease stitches. To figure out the rate at which to decrease stitches work out the following equations. Keep in mind that generally sleeves do not fit tight to the skin so adding about 1" of ease would be prudent. The way you accomplish this is to simply add 1" to your wrist measurements before entering them into the following equations.

1. Count the sleeve stitches that are now on your DPNs _____ sts
2. _____ wrist measurement x _____ stitch gauge = _____ desired number of stitches at wrist
3. Sleeve stitches on your needles at shoulder (see your answer for #1) _____ - Desired number of stitches at wrist (see your answer for #2) = Stitches to decrease before wrist _____
4. (_____ sleeve length - _____ desired cuff width) x _____ Row gauge = _____ Rows between underarm and
5. _____ rows between shoulder and wrist (see your answer for #4) ÷ (_____ stitches to decrease before elbow ÷ 2) = _____ How often to decrease